

MURRAY HIGH SCHOOL

KAITLERS ROAD
LAVINGTON 2641
Phone: 02 6025 4711

READY, RESPONSIBLE, RESPECT

July 2019
Term 2



E: murray.h-school@det.nsw.edu.au

W: www.murray-h.school.nsw.gov.au



www.facebook.com/MurrayHSNSWDEC/

SCHOOL PRODUCTION

Murray High School's
Production of

Disney MULAN JR.

Music and Lyrics by
Matthew Wilder and David Zippel,
Stephen Schwartz,
Jeanine Tesori and Alexa Junge

Music Adapted and Arranged
and Additional Music and Lyrics by
Bryan Louiselle

Book Adapted and Additional Lyrics by
Patricia Cotter

Based on the 1998 Disney film *Mulan*
and the story *Fa Mulan*
by Robert D. San Souci

Thursday 25 July and Friday 26 July
11am and 7:30pm-both days

\$20 per ticket
\$70 family (2 adults, 2 children)
Family 4+ \$16 per ticket

Bookings 6022 9311
www.thecubewodonga.com.au
The Cube Wodonga, 118 Hovell Street

Licensed exclusively by Music Theatre International (Australasia)
All performance materials supplied by Hal Leonard Australia

What's coming up?

5 July	Last day Term 2
23 July	School Returns for Students

PRINCIPAL'S MESSAGE

It is a pleasure to be back at school after leave earlier this term. May I take this opportunity to thank Michael Brigden for fulfilling the role of Relieving Principal and also to Jane Walker who relieved as Deputy Principal. Thank you also to Stephan Obbink who took on Jane's role during her higher duties

We farewell Stuart Morrison on a temporary basis as he moves to Wewak Street as Relieving Deputy Principal for the remainder of this year. Jen Vine and Matthew Hogan will take on the role of Head Teacher PD/H/PE in terms 3 and 4 respectively. Lucy Celin will be relieving as Year Advisor as both Jen and Matthew fulfil their higher duties. There will be further staffing changes in some classes next term due to timetable adjustments and I will keep each class informed of this. Every effort is being made to minimise interruption and to focus on the provision of high quality teaching and learning.

I also urge our young people to consider applying for the Regional Youth Taskforce, information for which is below:

Norman Meader

Principal

Have you ever been interested in having a real say in the things that matter to young people in regional NSW?

For the first time ever, the NSW Government is offering an opportunity for regional young people to share their voice on getting a job, mental health and wellbeing, getting around and having things to do.

Are you aged 12-24 and living outside of Sydney, Newcastle or Wollongong? The Regional Youth Taskforce will allow you to have your say on ways Government can improve on regional youth issues.

It's a voluntary position, but flights and accommodation will be covered. The Taskforce will meet about four times a year, either face-to-face or online. Meetings are scheduled to take place on weekends or in school holidays.

To find out more and apply, go to: www.nsw.gov.au/RegionalYouthTaskforce

Applications close 11:59pm on 5 August 2019.



SCHOOL UNIFORM DONATIONS

Murray High School is seeking donations of any good quality uniform items that are no longer required by your family.

Donations can be given to the front office.

Thanks in advance for supporting Murray High School students.

PROCEDURE FOR WEARING HOODIES AT SCHOOL

RATIONALE : Hoodies are not part of the school uniform. The school has purchased jumpers in a range of sizes. This allows the school to ensure that students are warm and to assist in the wearing of school uniform.

PROCEDURE

STUDENT REMOVES HOODIE : The student will be asked to remove hoodie (they are invited to use the clinic toilet if privacy needed).

WHAT HAPPENS TO THE HOODIE ?

EITHER: The hoodie stays in student's bag.

OR : If a student is cold, then they will swap hoodie for a loan jumper in appropriate size, the Hoodie will stay in the front office for safe keeping.

At end of the school day the student hands in the loan jumper at Student Reception and receives their hoodie back.

WHAT TO DO IF THE UNIFORM ISSUE IS REPEATED

If a student continually wears hoodie to school, parents will be contacted.

SCHOOL UNIFORM

Junior School Uniform

Blue check dress, navy blue box pleat skirt, navy blue/grey tailored school shorts/pants with navy and mid blue polo shirt. Fully enclosed black leather school shoes. The Murray High School jumper or jacket may also be worn.

Senior School Uniform

Mid blue dress with navy blue trim, navy blue tailored school shorts, skirt, pants, or navy/grey pants. Navy and yellow polo shirt, fully enclosed black leather school shoes, Murray High School jumper or jacket.

PE and Sport Uniform

Sports shorts (navy blue), sports shirt (mid blue with navy trim and school logo), plain navy blue tracksuit pants, plain white socks, fully enclosed leather sports shoes, jumper or jacket.

Riverina representative items that may be worn: Riverina rugby top, sports jacket (black with white stripes and logo). Riverina shorts can only be worn on sports day. **NO RIVERINA HOODIES.**

The MHS PE/Sport uniform may be worn to school and to normal classes on SPORTS DAY ONLY.

CHINESE CORNER

Chinese language learning success in many corners this term. Louis Reimers won a voucher for all his hard work in the Murray River Regional Language Perfect Competition. He also topped the school in his efforts. In the Border Modern Language Teachers Association Poster Competition, 2019, we had some brilliant work created by the Year 7 Chinese Language classes. Selecting the final 15 to take to the judging was really difficult.



TYLER & BRODIE TRYING THEIR CALLIGRAPHY SKILLS

Out of 6 prizes awarded in our category, 5 came to Murray High School students. Syahirah Mohd Rizam earned First, Cordelia Griffin Second, with Ella Ball, Lucy King and Jazmyn Shanahan achieving Highly Commended.



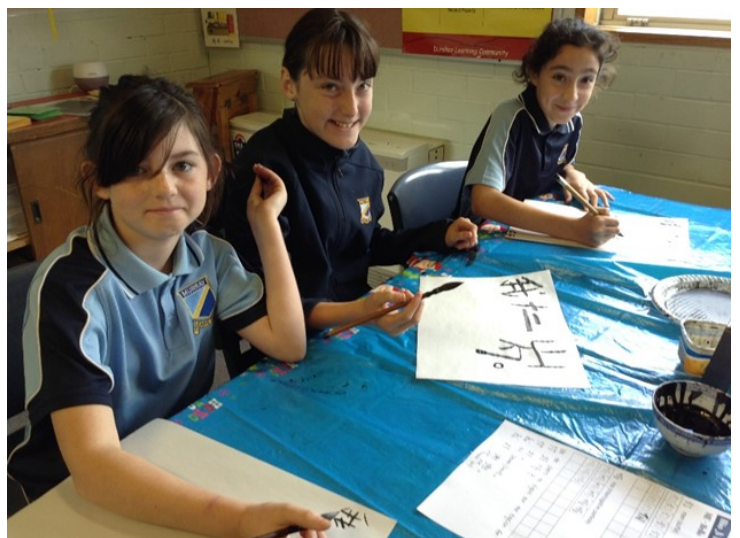
POSTER WINNERS SYAHIRAH & JASMINE



POSTER WINNERS ELLA, CORDELIA & LUCY



LOUIS'S GORGEOUS CALLIGRAPHY



CLAIRE, ELIZA & SHARNIE HARD AT WORK

EALD EMPOWERING WITHIN BRIGHT EXCURSION, 04 - 6 JUNE 2019

Twenty-one EALD students, along with Mrs Parker, Mrs O'Connell, Mrs Zerbst and Mr Brigden, braved the cold and travelled to Bright for a 3 day camp from Tuesday , 05 June to Thursday , 06 June.

The focus of the camp was to learn coping strategies and resilience skills to develop healthy wellbeing, self-worth and ultimately be *Empowered Within*. The group participated in various teamwork, trust challenge, mindfulness and problem-solving activities as well as individually challenging activities that extended their comfort zones. Activities included bike riding, bush walking, animal feeding, team games, blind fold trust activities and cooking for each other.

The students had a wonderful experience, bonded well as a group, made new connections and learnt skills they didn't know they had, by 'having a go'. The camp was subsidised by the proceeds of the book sales of 'Threads of Life' written by Murray High School Bhutanese students.

Emily Parker
EAL/D teacher



TABLE TENNIS

On Monday ,27 May 8 students from Murray High School competed in the Intermediate and Senior Divisions of the NSWTTA Schoolboys' Cup Tournament held in Sydney.

Nathan Beamish and Caleb Stanley competed in the intermediate section and were narrowly defeated in their round robin matches. Both boys played extremely well.

All other teams were in the Senior Division and met with varying results. Junior Chalongdaen and Jarrad Vogel were eliminated in the round robin phase but both played very well when one considers that this was their first experience of a major tournament.

Zac Moffat and Oliver Lepkhammany were beaten in the first of the knockout matches by a vastly more experience side from Chatswood HS who were the eventual finalists. Renz Inoc and Nathan Jackson made it through several rounds of the knockout but were unlucky to be beaten in the quarter final stage.



The knockout specialists!!

Special thanks go to My Doyle for driving the bus to and from Sydney....a job well done!!

The boys brought much credit to their school by their efforts on the day!

DRAMA NEWS

STATE SHAKESPEARE CARNIVAL

A big congratulations to our Drama students who competed in the State Shakespeare Carnival at the Seymour Centre in Sydney on Sunday.

Nicola Brownlaw, Daisy McLean and Emily Mustchin shone in their piece in the Movement Category and have brought home second place to Wollongong School of Performing Arts.

Well done to Mykayla Fenn and Rebecca Taylor who performed in the Duologue category and to Georgia Borella whose Smart Phone video was screened. Georgia deserves a special mention as she willingly stepped in to perform with Albury High School in the Group Devised category. One of their group members was ill and unable to attend. After only 1 day of rehearsal together, Albury High School also came second. Well done Georgia.

While in Sydney the students also had the chance to participate in master class sessions as well as attend Charlie and the Chocolate Factory at the Capitol Theatre.

BURRUM'S GOT TALENT

Senior drama students were engaging with our wider community through the Arts on Friday, 21 June.

The students were invited to perform at Burrum's Got Talent, a community talent show coordinated by Burrumbuttock Public School. Prior to this some year 12 drama students and Ms Waugh had visited Burrumbuttock Public School to run workshops with students from K-6.

Everyone had a fabulous evening! The students delivered stellar performances and we made important links with one of our "out of town" feeder schools. Well done to all involved.

RIVERINA DRAMA CAMP 2019

Nineteen enthusiastic drama students spent week 7 at Borambola Sport and Recreation Centre engaging in all things theatrical. The students participated in skills development workshops from stage combat to design to musical theatre and everything in between. They also worked in a playbuilding group developing a performance piece for the Saturday night showcase at Wagga Wagga High.

Two of our senior students are currently in Sydney for the State Drama Camp. This is for year 11 students who have been studying Drama for a number of years and will focus on vigorous skills development as well as an introduction to working in the arts industry. We wish Jullian Ignacio and Kyle Peters a great week away.

MULAN JNR

With over 70 costumes, a Chinese dragon and custom made swords, the cast and crew are almost ready to hit the boards. Students will be putting the finishing touches on the show in rehearsal over the holidays.

Make sure you book a ticket to the Disney musical of the year, MULAN JR presented by Murray High School.

You can book your tickets by visiting www.thecubewodonga.com.au



DRAMA NEWS



BURRUMS GOT TALENT



CHARLIE AND THE CHOCOLATE FACTORY



MUSICAL THEATRE DRAMA CAMP



STATE SHAKESPEARE



AGRICULTURE NEWS

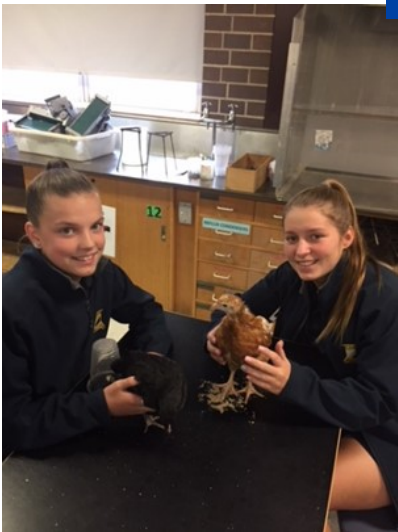


MHS agriculture students have been busy monitoring the growth of three breeds of chickens.

Students also planted a paddock of oats under sown with rye grass for winter feed

Our first cross ewes are currently being joined with a White Suffolk/Southdown ram.

DOWN ON THE FARM



SPORT—IMPORTANT DATES

NSW CHS Cross Country	Term 3	Friday 26 July
Riverina Athletics Carnival	Term 3	Friday 2 August
NSW CHS Athletics Carnival	Term 3	4– 6 September

Riverina Trials

Information can be accessed from the Riverina Sports website at the following link address:

<https://app.education.nsw.gov.au/sport/riverina>

<http://www.sports.det.nsw.edu.au/riverina/welcome.htm>

Alternatively, please do not hesitate to contact your school Sport Organisers.

Jessica Ferguson & Jennifer Vine - Sports Organisers

VOLUNTEERS URGENTLY NEEDED FROM MURRAY HIGH SCHOOL

Volunteers are urgently needed to assist families from a refugee background who are new arrivals in Lavington. This will involve helping families with a number of resettlement tasks e.g. enrolling at school, transport to appointments such as Medicare, Centrelink and doctors, support with shopping and paying bills and being that essential link to assist families navigate the challenges of living in a very different community.

Volunteering Australia has compiled the following facts about volunteering and happiness

- volunteers are happier, healthier and sleep better than those who don't volunteer.
- 95% of volunteers say that volunteering is related to feelings of wellbeing.
- volunteering results in a "helper's high," a powerful physical and emotional feeling experienced when directly helping others.
- just a few hours of volunteer work makes a difference in happiness and mood.
- sustained volunteering is associated with better mental health.
- a strong correlation exists between the well-being, happiness, health, and longevity of people who are emotionally kind and compassionate in their charitable helping activities.
- the experience of helping others provides meaning, a sense of self-worth, a social role and health enhancement.

If you are interested in being a volunteer or require further information please contact Murray High School office on 02 6025 4711.

Kerrie O'Connell

English as an Additional Language/ Dialect teacher

<http://volunteering.redcross.org.au/cw/en/job/495473?!ApplicationSubSourceID=>



SPORT & LIFE TRAINING

STRONG is the NEW PRETTY

For all Female League Players
Netballers, Coaches
& Parents

When: **Monday July 1st @ 6.30pm**

Where: **La Trobe University, Wodonga
Lecture Theatre**

PRESENTED BY



Contact: zac.hedin@afl.com.au or 02 6056 1993

SCHOOL HOLIDAY ACTIVITIES JULY 2019

LAVINGTON/ SPRINGDALE HEIGHTS COMMUNITY CENTRE

40 CARDO DRIVE, SPRINGDALE HEIGHTS

PHONE: 02 6025 3988

AGES 7-14 YEARS

MONDAY 8th JULY

SESSION 1: 11am—1pm LEGO (all abilities)

SESSION 2: 1pm—3pm LEGO (all abilities)



TUESDAY 9th JULY

SESSION 3: 11am—12noon KIDS YOGA

SESSION 4: 1pm—3pm LEGO (all abilities)

SESSION 5: 1pm—3pm COOKING

MONDAY 15th JULY

SESSION 6: 11am—1pm LEGO (all abilities)

SESSION 7: 1pm—3pm LEGO (all abilities)



TUESDAY 16th JULY

SESSION 8: 11am—12noon KIDS YOGA

SESSION 9: 1pm—3pm LEGO (all abilities)

SESSION 10: 1pm—3pm COOKING **Cost: Free**

NUMBERS STRICTLY LIMITED

ALL CHILDREN MUST BE REGISTERED BEFORE ATTENDING



2019 School Holiday Programs

Registration Form

LSHCC Inc 40 Cardo Drive SPRINGDALE HEIGHTS



Name of Parent /Guardian: _____

Address: _____

Telephone/ mobile: _____

Email: _____

Preferred contact method: phone text email

Cost of Activity: Free

Emergency Contact:

In case of emergency please call:

Person 1: _____ **Person 2:** _____

Name: _____ Name: _____

Relationship: _____ Relationship: _____

Telephone: _____ Telephone: _____

Are there any medical conditions or allergies that we should be aware of? Please list with details of treatment and or medications: __

Parent or Guardian of participant please sign the following:

I _____ as parent/guardian of the child / children nominated on the rear of this form, give permission for him/her to attend the school holiday program activity and agree to the below conditions.

Release, discharge and to hold organizing bodies harmless for any accidents, harm or loss which I may suffer as a result of participating in this activity;

Indemnify organizing bodies and its servants for any loss, demand, damages, expenses, claim, actions and suites arising out of or in any way connected to this activity; and

Agree to the terms and conditions of entry into and understand that organizing bodies will not be responsible for any incidents that occur to me whilst participating in this activity, or at any time following this program whilst using equipment provided during the program.

Parent/Guardian Signature _____

Date: / /

Name(s) of Child attending

Child 1

Name: _____

Age: _____

Child 2

Name: _____

Age: _____

Child 4

Name: _____

Age: _____

Child 3

Name: _____

Age: _____

To Register:

To secure your place in this program please complete BOTH SIDES of thi from and return to:

Kay Hocking LSHCC Inc Co-Ordinator

40 Cardo Drive

SPRINGDALE HEIGHTS

PH: 02 60 25 3988 Mobile: 0435 060 124

Email : spingcom@southernphone.com.au

Depending on numbers of people registering, your child/children may not secure a place in this activity. You will be contacted prior to the activity to confirm your spot

THIS EVENT IS STRICTLY DRUG AND ALCOHOL FREE.

If for any reason a participant's behaviour is deemed inappropriate by the supervisors, parents/ guardians will be called and the participant will become the responsibility of the parent/guardian; or may be escorted home by the supervisors.